EMDR Integrative Team Treatment for Attachment Trauma in Children

3-Day Workshop for EMDR and Non-EMDR Mental Health Practitioners

Part 2 EMDR: Fri Oct. 26th (Afternoon) & Sat. Oct. 27th (All Day)

Co-Sponsors:
The Attachment and Trauma Center of Nebraska
and
The EMDR Institute

Location of Workshop:
Countryside Community Church, Memorial Hall
8787 Pacific Street, Omaha, NE 68114
Ph. # 402-391-0350

This workshop will give you the tools you need to take your practice with children to a new level of effectiveness. This EMDR/family therapy treatment model is a breakthrough methodology for treating acute behaviors commonly associated with Reactive Attachment Disorder, including stealing, lying, aggression, sexualized behaviors, and defiance. Learn to heal the attachment wounds rooted in a history of abuse, neglect, foster, or orphanage care.

When treating troubled children, therapists can face a care plan “Catch-22.” Children need a secure holding environment in order to address trauma, but the trauma impedes the capacity to trust. Learn how attachment relationships and trauma can be treated in tandem with an EMDR and family therapist working collaboratively. Creating a treatment team of two therapists is the most efficient way to implement this integrated EMDR-Family therapy integrated treatment model.

Collaborating treatment therapists do not have to work in the same agency. Feel free to come alone and network at the conference for collaborative relationships. Both EMDR and non-EMDR therapists are invited to participate in this conference.

Presented by practicing therapists, who have pioneered this approach, this is a practical workshop that gives step-by-step instructions for successfully intervening with parents, strengthening attachment, and resolving trauma and behaviors.

*EMDR Institute maintains responsibility for this program and its contents.

“This research driven integrative approach is designed to treat the whole family and put simply: it works. I have been utilizing protocol learned at the conference with many families in my practice, and they are realizing successful outcomes. I highly recommend and invite you to attend the conference.” — Kathryn H. LMHC,
Qualifications for Participation:

- Participants who have completed the full Basic EMDR training are recommended to attend all 3 days.
- Non-EMDR therapists may attend Part One (1 ½ days) as the family therapist member of an Integrative Treatment Team.
- Master’s or Ph.D. level therapists.
- Instructional Level: Intermediate

Presenters: All four presenters have been instrumental in the development of the EMDR Integrative Team Treatment for Attachment Trauma in Children research project and work as a treatment team with The Attachment and Trauma Center of Nebraska.

Debra Wesselmann, MS, LIMHP, has over twenty years experiences and is the author of *The Whole Parent: How to Become a Terrific Parent Even if You Didn’t Have One*. Debra Wesselmann is an EMDR Institute facilitator and EMDRIA-approved consultant and presents nationally and internationally.

Stefanie Armstrong MS, LMHP is a certified EMDR practitioner, specializing in the field of trauma and attachment. Stefanie has presented for numerous parent and professional groups including the national ATTACH conference and regional foster and adoptive parent conferences. She has past experience as a teacher and as a counselor with the public schools.

Cathy Schweitzer, MS, LMHP is EMDR certified and specializes in the treatment of trauma and attachment in children and adolescents. She has presented widely to both parent and professional groups on the treatment attachment trauma in children. She has past experience in guidance counseling with the public schools.

This workshop is held in facilities that are in compliance with the American Disabilities Act. Please contact a presenter or the location venue (info@countrysideucc.org) at least 3 days prior to the workshop if you need accommodations.

EMDR Institute maintains responsibility for this program and its content in accordance with EMDRIA Standards.

Participants in the workshop will receive:

* EMDR I.T. condensed manual
* DVD containing a 5-week PowerPoint class for parents: Facilitating Attachment in Children Training (FACT).

18 CEs for participants attending all 3 days. 9 CEs for participants attending Part One only. (All CEs Pending.)

APA: EMDR Institute, Inc., is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc., maintains responsibility for this program and its contents.

NBCC: EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.

RN: EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.

BBS: For California the course meets the qualifications for continuing education credit for MFT’s and LCSW’s as required by the California Board of Behavioral Sciences. Approval No: PCE270.

SW: EMDR Institute, provider #1206, is approved for SW continuing education by the Assoc of SW Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) program. EMDR Institute maintains responsibility for the program. Social workers participating in this course will receive 18 for 3 days; 9 for 1 1/2 days (clinical or social work ethics) continuing education clock hours.

Please contact the EMDR Institute 831-761-1040 or inst@emdr.com for information about continuing education for social workers. (SW boards outside the state in which the training occurs may or may not accept transfer of units depending upon individual state board policy.)

9.5 EMDRIA CEs for participants attending Part 2. (Only those who have attended the full Basic EMDR training may attend Part 2 and receive EMDRIA credits.) EMDRIA Approval # 01007

“The conference changed my practice in a tremendously positive way. I was able to begin implementing the methods immediately and have seen dramatic improvement in several clients in just a few short weeks.” Robyn Gobbel, LCSW, from Texas, attended the conference held in Denver.
OBJECTIVES

Part 1: Integrating Family Therapy into Team Treatment for Healing Attachment Trauma in Children

Participants will be able to:
- Identify the negative beliefs associated with the 7 common behaviors of children affected by attachment trauma.
- Compare and describe the difference between traditional parenting habits and trauma-informed parenting.
- Demonstrate communication skills in a practicum setting for persuading parents to view their children’s behaviors from a trauma-based perspective.
- Describe a minimum of 3 strategies that help children develop self-reflection/self-regulation prior to trauma work.
- Demonstrate - via a written composition - a therapeutic story that includes a positive beginning, negative and positive beliefs, and an empowering present-tense conclusion.

Part 2: Integrating EMDR Into Team Treatment for Attachment Trauma in Children

Participants will be able to:
- Identify appropriate EMDR targets for removing obstacles to trust, as well as current triggers and future templates, from a written case study.
- Demonstrate effective parent preparation for the Attachment Resource Development protocol during a short practicum role-play using a sample case.
- Identify 3 common obstacles to reprocessing during the desensitization phase of EMDR for children suffering from attachment trauma.
- Identify creative and effective cognitive interweaves for stuck reprocessing with challenging children using vignettes during a group practicum.

AGENDA

Part 1: Integrating Family Therapy Into Team Treatment for Attachment Trauma in Children - 9 CEs

Thursday All Day (October 25th)
8:30-9:00 Sign in
9:00-10:30 Attachment-Trauma Theory/The Team Model
10:30-10:45 Break
11:00-12:00 Teaching the FACT Class/Looking Beyond the Behaviors
12:00-1:00 LUNCH on your own
1:00-2:30 FACT Class/Overcoming Parent Challenges
2:30-2:45 Break
2:45-3:45 Family Therapy: Creating a Secure Holding Environment for Trauma Work/Practicum
3:45-4:30 Family Therapy: Developing the Child’s Story

Friday Morning (October 26th)
8:30-9:00 Sign in
9:00-10:00 Family Therapy: Doing the Detective Work/Mindfulness/Emotion Regulation
10:00-10:15 Break
10:15-11:00 Practicum
11:00-12:15 Family Therapy: Creating a Therapeutic Story to Assist in Trauma Work/Practicum
12:15-1:15 OPTIONAL LECTURE "What is EMDR?"

“The Attachment and Trauma Center of Nebraska Team has assembled years of evidence-based knowledge and techniques to understand and effectively treat attachment and trauma issues in children and adults. They provide this information and training in a professional and instantly usable fashion.” -- --- Randy Basden, MS, LPC, from Douglas, Wyoming, attended the conference held in Denver.
Part 2: Integrating EMDR Into Team Treatment for Attachment Trauma in Children – 9CEs

Friday Afternoon (October 26th)
1:15 - 3:00 Case Conceptualization/Attachment Resource Development
3:00-3:15 Break
3:15-4:30 Attachment Resource Development/Practicum

Saturday All Day (October 27th)
8:30-9:00 Sign in
9:00-10:00 Obstacles/Assessment and Reprocessing
10:00-10:15 Break
10:15-12:00 Overcoming Obstacles/Desensitization Phase
12:00-1:00 Lunch on your own
1:00-3:00 Adapting the Desensitization Phase/Vignettes
3:00-3:15 Break
3:15-4:30 Addressing the Current and Future Prongs/Intensives/Bio Families

*Current research is limited to the application of EMDR to trauma-related disorders.

OMAHA TRAINING REGISTRATION OCTOBER 25, 26, 27, 2012

Name:_________________________________________ Credentials:______________________

Work Phone:________________________________________

Work Address:________________________________________________________

E-Mail:________________________________________________________

Fully EMDR trained? Yes__ No__ I am registering for: Part 1 (1 ½ days)___ Both Parts 1 & 2 (All 3 days)____

If you are registering for all 3 days, and you received non-institute training please send verification of your EMDR training with registration.

Note: If you are NON-EMDR, you may attend only Part 1.
If you are fully EMDR trained, it is recommended you attend all 3 days.

Check Enclosed ___ (checks payable to: The Attachment and Trauma Center of Nebraska-Training)

Credit Card Number:________________________________________________________

Expiration Date:__________________________

Signature:______________________________

Send to: ATCN Training, 12822 Augusta Ave., Omaha, NE 68144
or Fax to: (402) 932-4121

Questions: Cathy Schweitzer at 402-981-2120 or cathy@atcnebraska.com (OMAHA TRAINING)